



CEO Jotting

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As a child, our first teachers were our parents. We tend to follow them and imbibe whatever they teach us. The growing years we learn from our teachers in school and our classmates and friends.

When we are done with our educational learning, we begin our journey of learning life outside our comfort zones of home and school/college. We learn through our colleagues, friends, and every person we meet or hear about. We draw either inspiration or become critical of what we learn and observe. The process of learning is infinite and indefinite. The most important point is to keep learning and sharing what we learn. This way we become the student and the teacher. Be open to both possibilities. With the same thought we started our Monthly Newsletter- BUZZing, to share the articles written by experts in their field. We will be happy to hear your views. kiran@sedibuz.com / info@sedibuz.com

The elephant head Lord Ganesha is here to remove all obstacles and show us the path to true knowledge and wisdom. Welcoming him with devotion and all the grand and pomp !

HAPPY GANESH CHATHURTHI !!

HAPPY TEACHERS DAY !!



Focus Product of the Month

The World Health Organization has recognized diabetes as the ninth leading cause of death worldwide, with an estimated one million deaths each year. With every seventh person being diabetic, India ranks as the world's second-largest country in the global diabetes epidemic.

This chronic health condition gives rise to many fatal diseases that can damage the kidneys, nerves, blood vessels and heart. Many diabetic patients suffer from Peripheral neuropathy- a condition which arises from the damage of nerves in the hands and feet, causing numbness, pain, and loss of sensation. This condition can turn terminal if not diagnosed and treated on time. If left ignored, poor blood circulation and weak immunity might increase the risk of an ulcer which can also result in amputation. Hence, diabetic patients must get their neuropathy screening, and treatment is done on time.

Ayati Devices is diligently bouncing ideas to make the screening of diabetic neuropathic patients effortless, accurate, affordable and accessible.

Ayati flagship offerings:

VIBRASENSE: A portable point-of-care device to screen and monitor diabetic patients for foot neuropathy at an early stage to prevent foot amputation. The device is useful for OPDs, paying home visits, and large screening camps.

Ayati's unique solution VIBRASENSE is a battery-powered portable quick screening device that helps in screening and detecting peripheral neuropathy. The algorithm of this

Peripheral Neuropathy

technology is designed to analyze patients and classify them into three risk categories that are low, medium and high. The controlled stimulus of this wireless device can be used to find out the loss of sensation on the foot. It can be easily connected with applications for report generation and monitoring purposes. VIBRASENSE has surmounted all scrutiny and has been certified with IEC standards and it stands to be one of the most trusted and preferred Indian CE-marked & CDSCO-approved biothesiometer. To date, with the help of this unique solution, Ayati has been able to conduct the screening of more than 100K patients.

Ayati's brilliant inventiveness had lighted up their way to significant recognition and success. The team was bestowed with opportunities to showcase their innovation on global platforms, including the International Tech Hub by the UK government and the Dubai Expo. They were among the top finalists in the LKYG Business Plan in Singapore and won prestigious titles BIRAC BIG, BIPP, "Best start-up award" in Spain, and the "Best IoT medical device award" at Indian IoT Congress.

To date, Ayati's devices have been involved in three major screening camps namely the Maharashtra (Shegaon and Chandrapur) Camp, where they have conducted low-cost screening of more than 500 patients, helping them with early diagnosis and timely treatment of any kind of foot malady. The team showed commendable participation in supporting the purpose of the Niramaya Gujarat Program and screened 37 Diabetic patients, out of which 29 tested positive for diabetic foot.

VIBRASENSE



Interested! To Know More E-Connect

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Technology Talks

An Article by Automation Anywhere

Workplace Automation You cannot ignore

The last two years have seen companies embrace technology and automation for operations, and maintaining customer service continuity. This involved implementing new systems and solutions to combat the challenges thrown in by the pandemic.

Impact of automation on operations

Manufacturing – manufacturers can trim down workforce while increasing production out.

Administration – remote access and cloud

infrastructure has made 'work from anywhere' possible.

Analytics – analyze operations, forecast accurately, and automate supply chains with predictive models.

Customer service – cognitive bots engage with customers and connect them to right departments.

Data capturing – bots capture information from invoices, orders and service requests, 24/7.

Impact of automation on workforce

Predictable work and structured processes - automation can replace middle-skilled workers.

Industries with high automation potential - manufacturing, accommodation, food services, and retail.

Automation is creating demand for 'new collar' jobs; these are workers who are up-to-date with the latest developments in technology and automation, and can boost a company's operations.

Workplace automation – The future of work

Workplace automation is achieved when technology is applied to do repeatable or predictable workflows/business processes with zero or minimal manual intervention.

Benefit: Faster work, elimination of manual steps, and improved productivity and efficiency.

Office automation today is mostly software-driven. Furthermore, migration to cloud-based tools and applications, APIs, big data, ML, AI is making way for advanced analytics which optimizes business processes at a whole new level.

Benefits of workplace automation

- Higher productivity and performance
- Cost savings
- Increased safety
- Reduced human error

More businesses are turning to automation

There is so much that automation can bring to operations, the reason why it is becoming central to organizational and corporate

strategy and thus pivotal to creating competitive advantage.

Businesses are under pressure to reduce costs and do more with less, and automation has the answer to achieving these goals - reduce costs, improve quality and faster time to market.

Automation is getting popular for two reasons

1. Affordability

With companies willing to invest in new technologies, and falling price points for innovations, more and more businesses are able to implement automation at their workplaces.

2. Sophisticated technology

With better ML, advanced AI and RPA, automating rules and procedures in the office backend has become easy, quicker and accurate than ever before. Organizations are benefiting from their Citizen Development investments, where non-technical users create simple automations for themselves and their departments and help scale the automation program across their organization.

Getting you started

To gain a better understanding how this topic is trending globally, please download Automation Anywhere's Automation Now & Next 2022 report, based on a survey of more than 1,000 business, technology, and automation professionals. This unique report is the culmination of months of research to capture what's happening today with intelligent automation and Robotic Process Automation (RPA) enterprise deployments and to anticipate what will occur in the years ahead.



Thought Incubator

Manisha Mone - Counselor, Licensed NLP Practitioner,
Sports & Positive Psychologist

Doing Nothing!!...the secret to achieving more

“Doing nothing often leads to the very best of something” —
Winnie the Pooh

This quote from my most favorite fictional character always puzzled me. How can doing nothing lead to something? Isn't it totally contradictory? Aren't we wired to believe that “**doing**” is the only option to reach the goals we set? These and many such questions led me to the quest of understanding this dichotomy.

What is productivity? In technical terms it is defined as the ratio between the output volume and the volume of inputs. And the personal or individual productivity is completing the actions that move us closer to accomplishing our goals.

Of course, being productive can feel exhilarating, it can provide rush that energizes us, inspires us, motivates us and helps us reach our goals. But it is a common misconception that productivity is **equivalent** to being busy. Busyness can happen at times; sometimes, it is unavoidable, sometimes, life throws us things to do that we did not plan on, nor do we have much of choice about.

Specially, in this digital era where information is bombarded from everywhere it is difficult not to be distracted. Anywhere we go, if there is a decent wireless service, we see masses filling up their idle moments with wealth of distractions available via our smartphones. In our effort to squeeze every second from the day it seems counterintuitive to just watch a pot of coffee boil or gaze out of the window.

Most of us think that our newfound ability to jam our moments with texts, tweets and searches has made us more productive. Or even our age-old belief that working hard without wasting even a single moment is the only way to be productive **deprives** us from enjoying small breaks of doing nothing. It is necessary to understand that being continuously busy can lead to stress, burnout, insomnia and even illness. In the effort to achieve greater success, we can actually lose our awareness and enjoyment of life. The key to balancing the times of increased tasks is to take time out “**to do nothing**”. This nothing can be intentional and fulfilling. It should not be **confused** with laziness or lack of drive. Doing “nothing” can actually increase your productivity.

Research shows that every now and then, a **well-placed** timeout can be extremely effective because it helps the brain **reinforce** long-term learning and productivity. We have surely experienced or heard of an inspiration or some great idea striking in the shower. Obviously, it isn't because shampoo makes our neurons fire faster, it's because it's an activity that forces us to be alone with our thoughts. Often we think that when we take a break, we must do something mind-consuming to help with motivation, but technically your best way of taking a break is to do something mindless. There are immense benefits of doing nothing, here I have listed a few:

Benefits of doing nothing:

It quiets the mind and sets the creative juices flowing.

It quiets the mind and sets the creative juices flowing.

It gives time to the body to relax allowing our nervous system to rest. Relaxation and rest are keys to good health.

It allows one to find clarity, equanimity and leaves room for something new to come in.

Now, to ease into allowing ourself to do nothing, we must start with something familiar. Here are some techniques.

Take a solo walk: Leave the Fitbit at home, and free up sometime to absorb the scenery in silence. Being in nature has been linked to a multitude of physical and mental benefits.

Play a game without keeping score: Instead of competing against your crossword best, find a puzzle game on your phone that requires simply swiping.

Take a long shower: A natural place to start slowing down, is a habit that's already built into our schedule, such as taking a shower. Letting the mind wander here can be a stepping stone to quieting more hectic environments.

Just sit down: Find yourself a comfortable chair, breathe and just get soaked in the moment of realisation that you are alive. This relaxes the mind and the whole being.

There are many great gurus and scholars who have defined “**nothingness**” as the ultimate thing from which everything is created. But, for we common people let us try and incorporate a pinch of nothingness or “**doing nothing**” that will increase our productivity and also help bring flavour to our lives.

Spare A Minute to Share Your Feedback!

We want to hear your feedback so we can keep improving our content. Please fill this quick feedback form and let us know your thoughts.

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